

**TOTZ Soccer – Ages 2-7.** Register & pay fee at [www.totzsoccer.com](http://www.totzsoccer.com) during registration dates every 6-8 weeks. Held in gymnasium and outdoors at Plymouth Fitness Park!



**Babysitting - Ages 6 months & up.** Included with Kids Club membership or fee paid at Member Services prior to use. Child-sitting service. Outdoor play area & video room. See schedule for fees and rules.

**FitKids - Ages 6 –10 years.** Free with Kids Club membership. Supervised fitness activities in a non-competitive fun atmosphere. Drop-off/pick-up at Gymnasium or outside @ Plymouth Fitness Park. Parent/Guardian must sign-in.

**Family Swim – All ages.** Right lanes only. Adult must supervise children at all times. Please return equipment (noodles, kick boards, etc.) to storage after use. See Pool Schedule for rules.

**Junior Fitness - Ages 11-15.** Free with membership. 3 appointments result in certification & independent use of fitness equipment during allowed hours. Adults must remain in the building at all times.

**Red Cross Swim Lessons - Ages 6 months & up.** Register & pay fee online at [www.plymouthfitness.com](http://www.plymouthfitness.com) or at Member Services during registration dates every 8-10 weeks. Membership not required.



**Junior Racquetball Clinic – Ages 11-15.** Free program offered every other month. Register at Member Services. Equipment will be provided.

**Junior Racquetball Certified Safe – Ages 11-15.** \$99 fee. 3 sessions with Club Pro result in independent use of courts during allowed hours. Adult must remain in the building at all times.

**Junior Racquetball League – Ages 11-15.** \$12 fee. Includes league play supervised by Club Pro. Advanced registration required at Member Services.

**Open Gym – All ages.** Basketballs available at Member Services or on court. Adult must supervise children at all times.

**Swim Team – Ages 6+.** Non-competitive & developmental. Great for swimmers who have passed Red Cross program, but are not ready to compete. Contact Kristen 508-746-7448 x 38 or [kbaldrate@plymouthfitness.com](mailto:kbaldrate@plymouthfitness.com). Membership not required.

